Promoting Health Equity Through Implementation of ECHO Virtual Communities of Practice:

to Build Global Health Workforce Capacity

PEACE Engineering ECHO Africa September 14, 2020

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Namibia HIV ECHO November 2015

Kenya MDR TB ECHO – August 2016

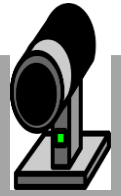
Project ECHO's Aspirations

At Project ECHO our mission is to democratize medical knowledge and dramatically improve access to best practice care to underserved people all over the world.

Our goal is to improve the lives of 1 billion people by 2025.

The ECHO Model

1. Leverage Technology



- Multipoint videoconferencing to co-create platforms for enhanced communication and collaboration through virtual face-to-face communities of practice and learning
- amplify scarce human resources, both specialists and primary care
- empower the agency of local experts and practitioners

2. Case-Based Learning

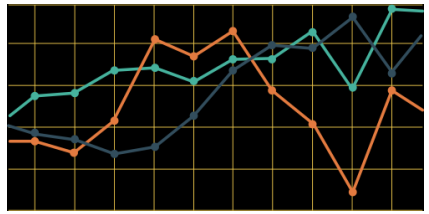
- Master complexity through collaborative management of patients and public health problems with subject matter experts at centers of excellence
- guided practice [learning by doing] via tele-mentoring

3. Sharing Best Practices

- Improve outcomes by reducing variation in processes of care
- Brief didactic presentations [10-20 min]
- Reinforcement of evidence-based guidelines, etc

4. Monitor and Evaluate Outcomes

- to promote continuous quality improvement



What's the difference?

ECHO

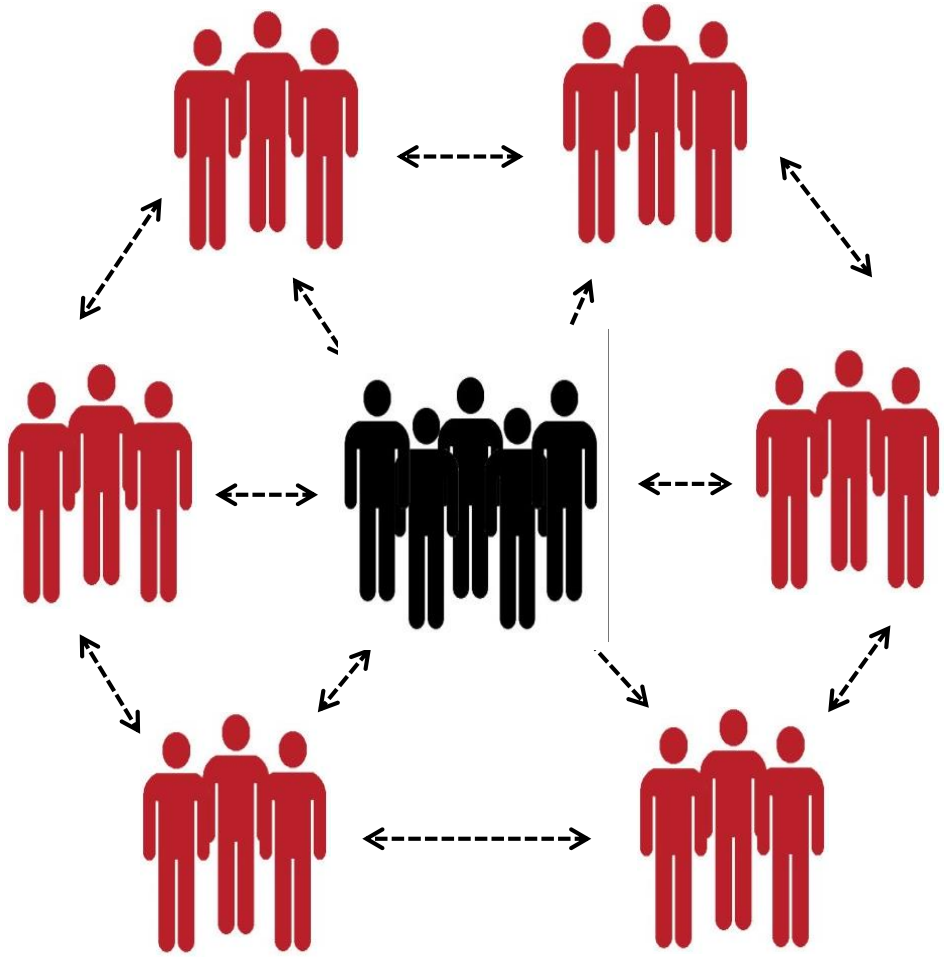
- Uses the ECHO model – participation is free
- Short didactics
- Case-based learning
- Interactive and participatory
- Learners are seen as experts in their context
- Regular, ongoing over a period of time, following a curriculum of interest to learner
- Participants engage visually and become a virtual community of practice
- Building community is a key aim
- Low Dose High Frequency learning
- Aims to present unbiased information
- Earn CE credits

Webinar

- Structure varies – may cost a fee to participate
- Long presentations/lectures as dominant pedagogical feature
- May be passive with no or minimal discussion
- Case based learning not essential part of webinar
- Information/knowledge is pushed out– one way teach/learn approach
- Often a one-time only learning event
- Participants often are not seen and remain strangers
- May have commercial bias

Dynamic Learning Loops

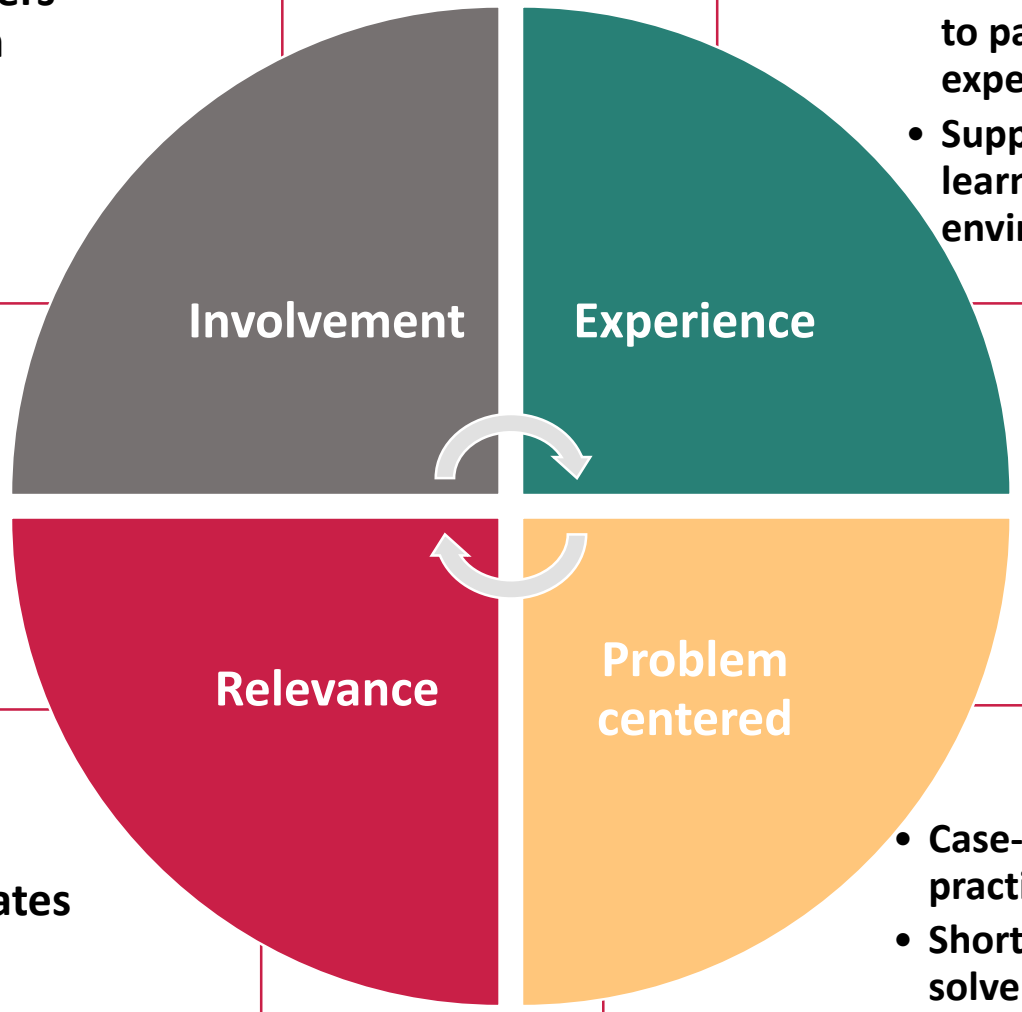
- Interactive Learning Environment
- Co-management of Cases
- Learning by doing
- Learning from didactics
- Learning from each other
- Collaborative Problem Solving



The ECHO Model and Adult Learning

- **Engage learners in curriculum**
- **Value active participation**
- **Interactive discussions**

- **Connect learning to past experience**
- **Supportive learning environment**



ADULT LEARNERS

Attention span wanes after 15-20 minutes

Retention is better for short content delivery

Adults are self-motivated active learners

Autonomy in growth and learning – have their goals

Learning needs to fit their schedule

Want to be allowed to make mistakes

Enjoy new social connections through learning

- **Case-based learning relates to the daily work**

- **Case-based learning is about practical problem solving**
- **Short lectures address gaps to solve problems with best practices**

Malcolm Shephard Knowles
4 principles of Andragogy

Lectures for Adult Learners: Breaking Old Habits in Graduate Medical Education
Cooper, Avraham Z. et al.
The American Journal of Medicine , Volume 130 , Issue 3 , 376 - 381

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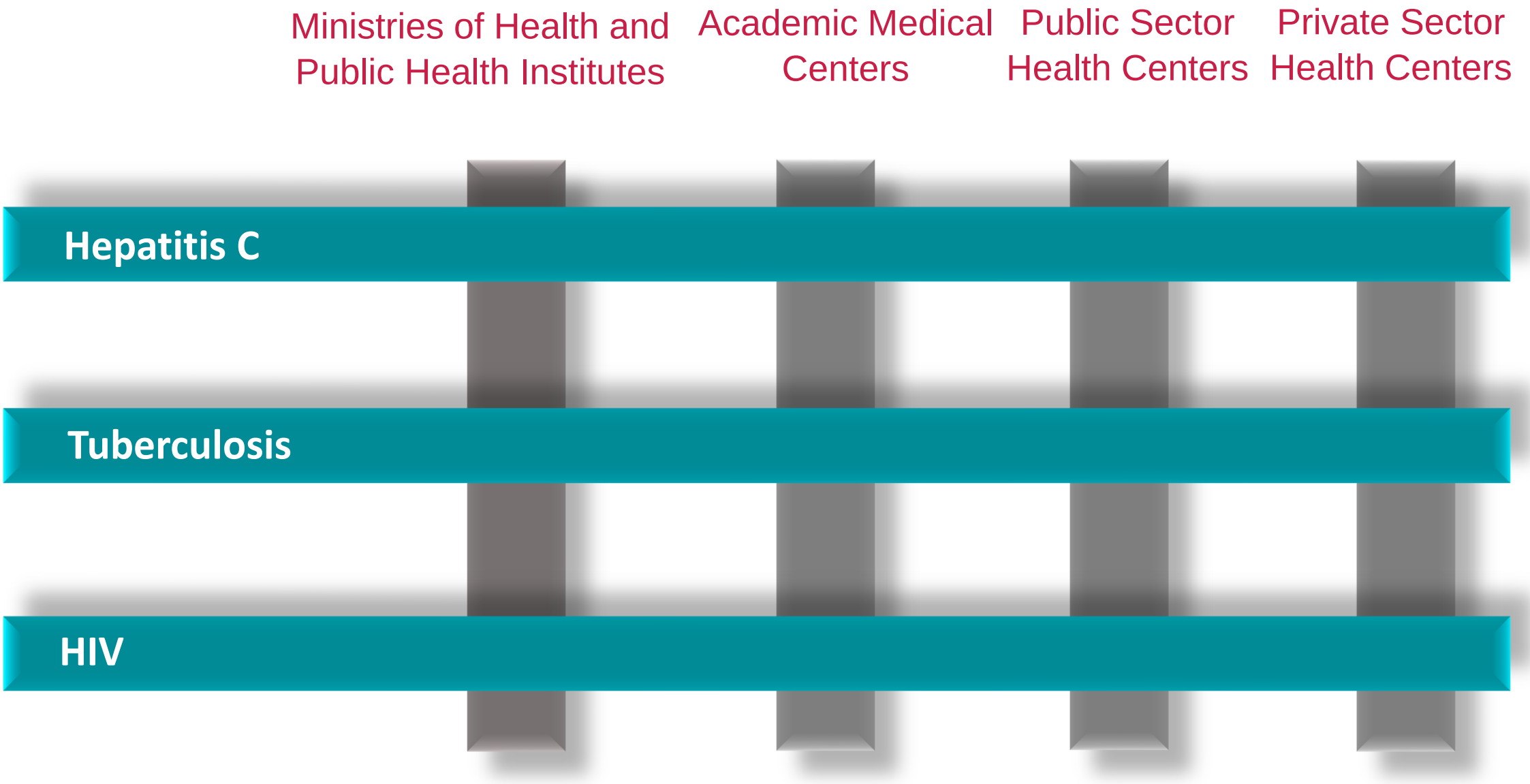
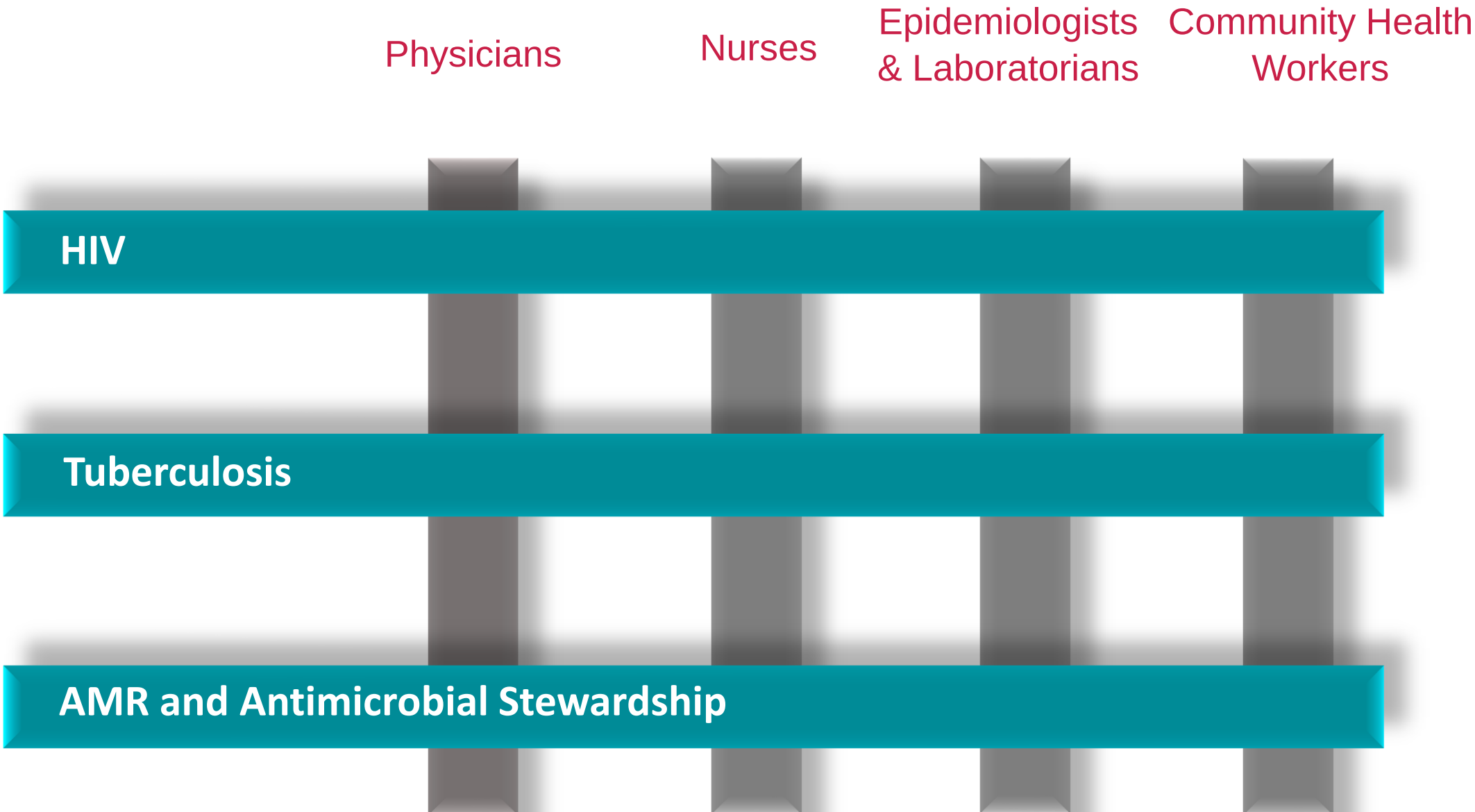
Bridge Building



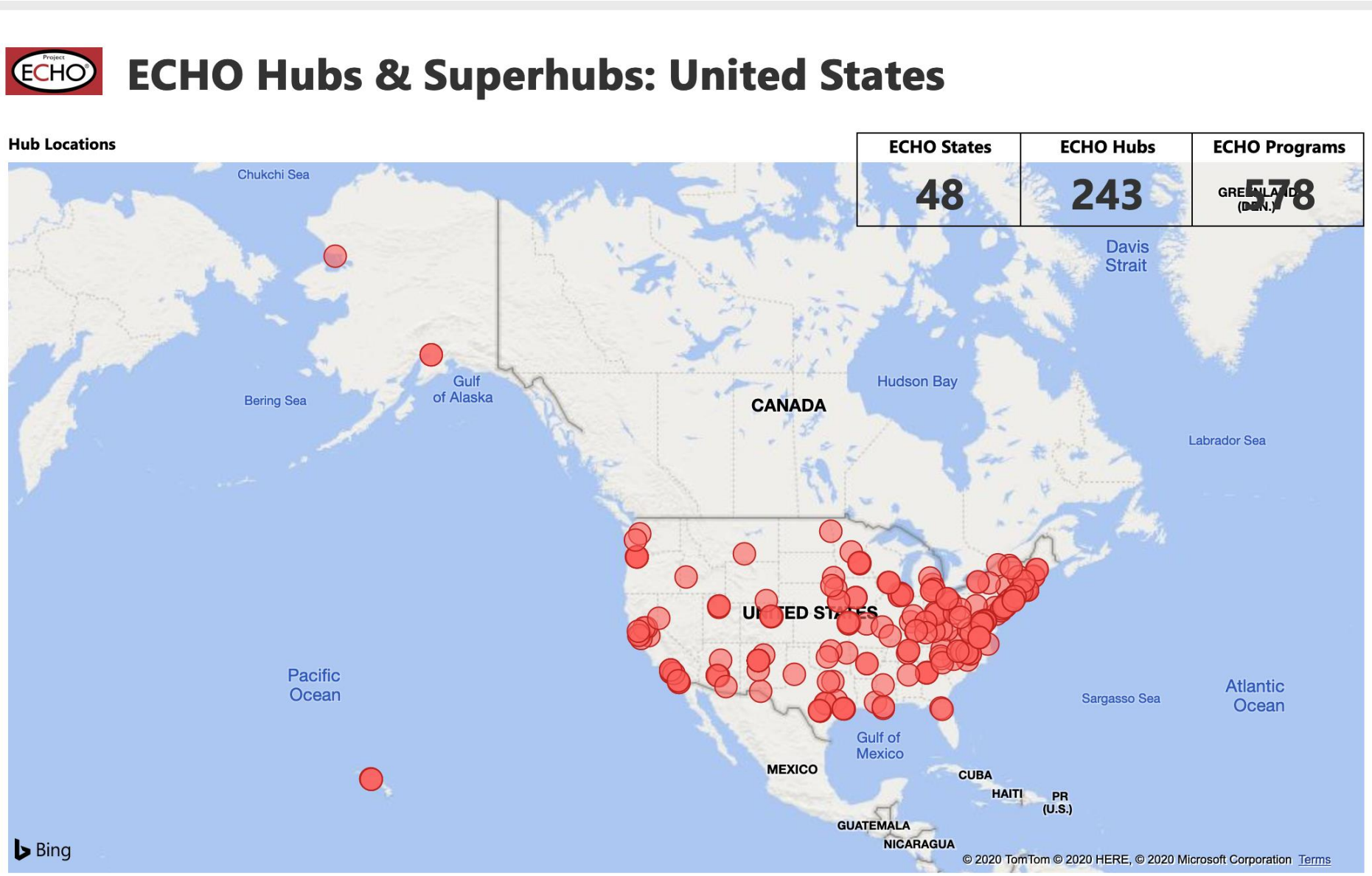
Force Multiplier:
Public Health Practice and Clinical Medicine are Multidisciplinary Team Sports



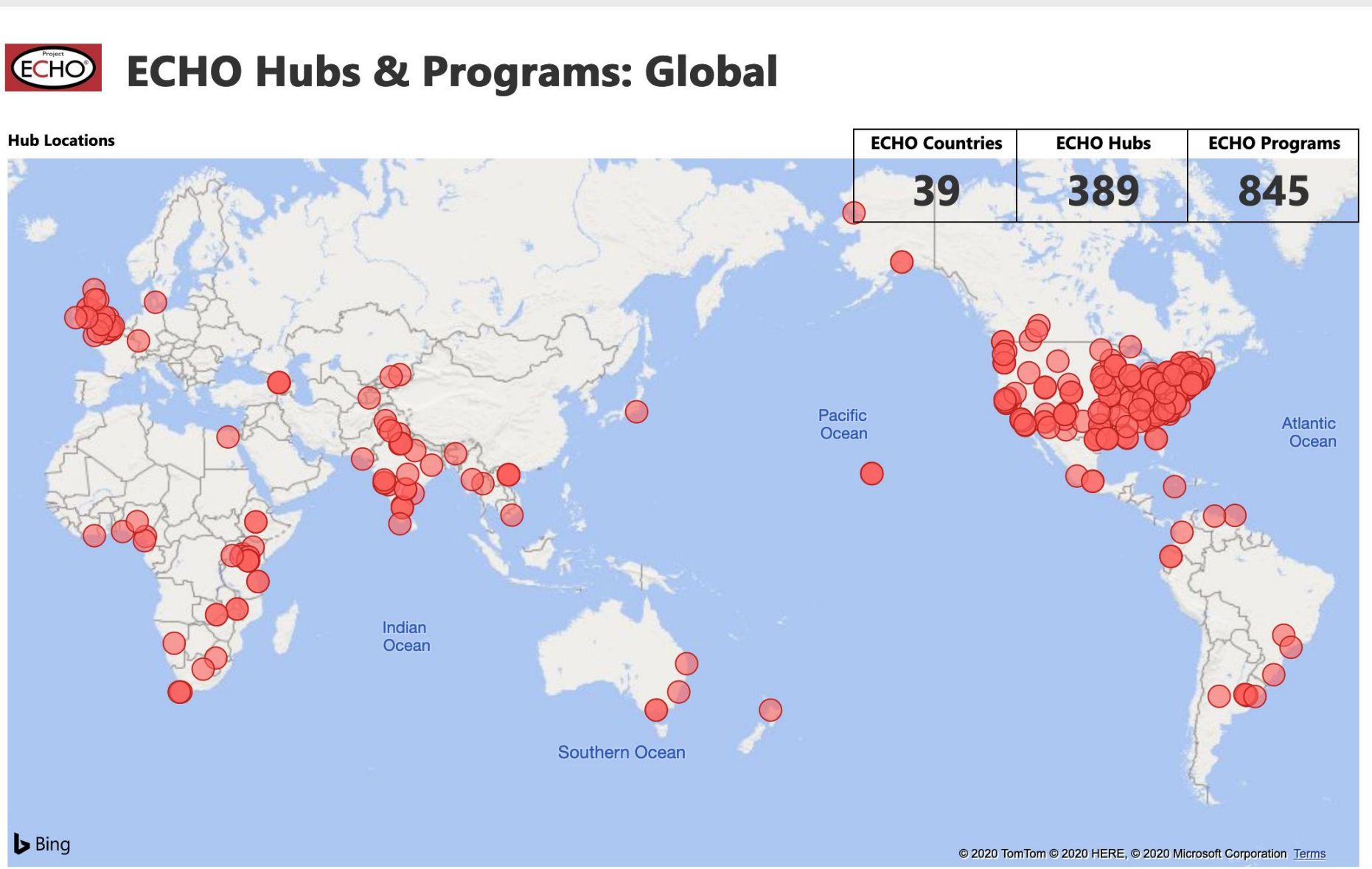
Why does ECHO work?

- Need based learning addressing complex problems
- Case-based learning
- Experiential learning
- Collaborative learning
- Low dose, high frequency learning
- Interprofessional learning
- Peer-to-peer learning
- Mentorship with access to experts
- Non-hierarchical learning
- Social learning
- Quality improvement is implicit and increasingly explicit

ECHO Partner Hubs & Superhubs: US



ECHO Partner Hubs & Progams: Global



Namibia MOHSS HIV ECHO Hub and Spokes

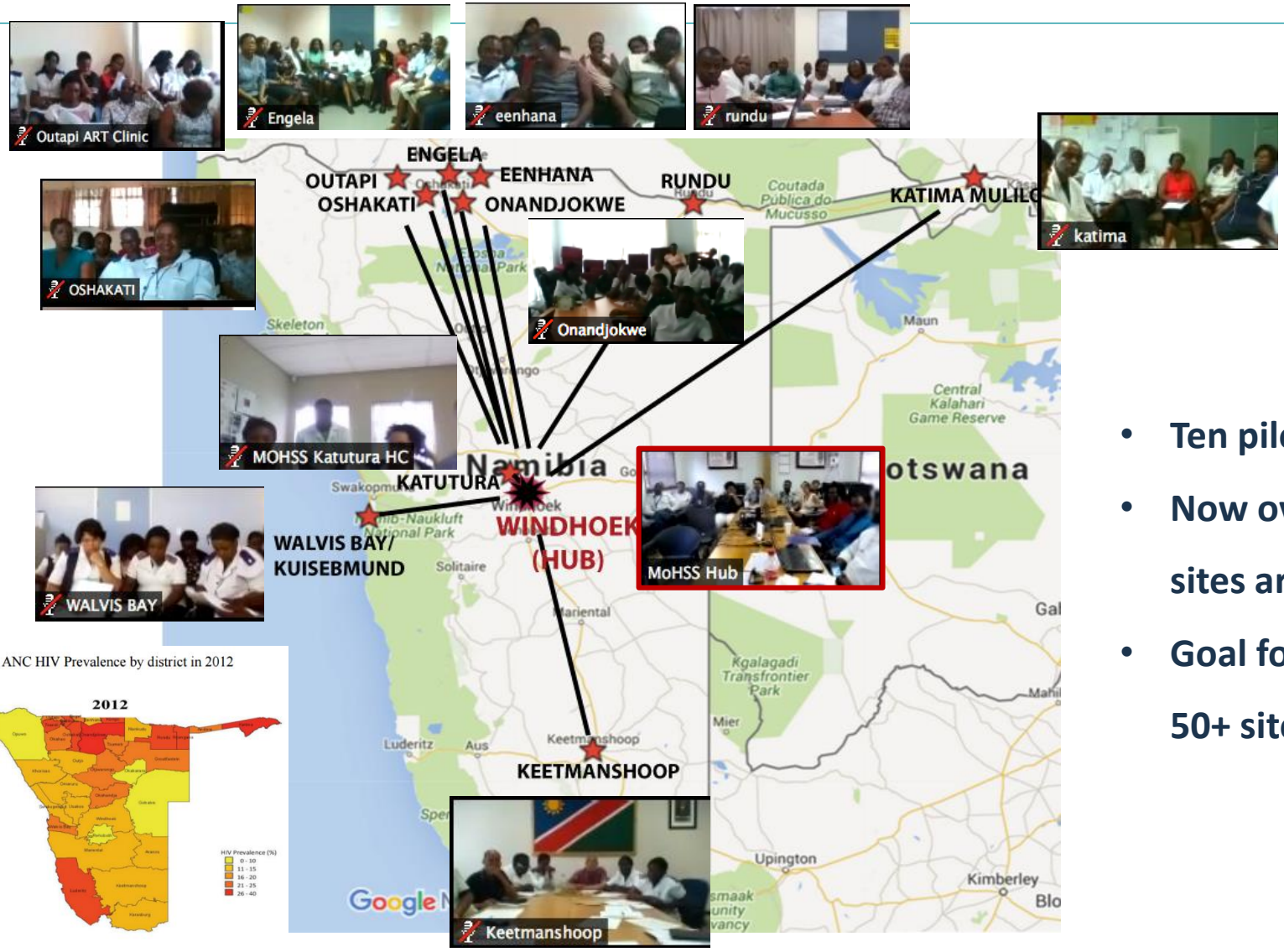


Figure 5: ANC HIV Prevalence by district in 2012

- Ten pilot spokes
- Now over 40 sites are joining
- Goal for 2019 is 50+ sites

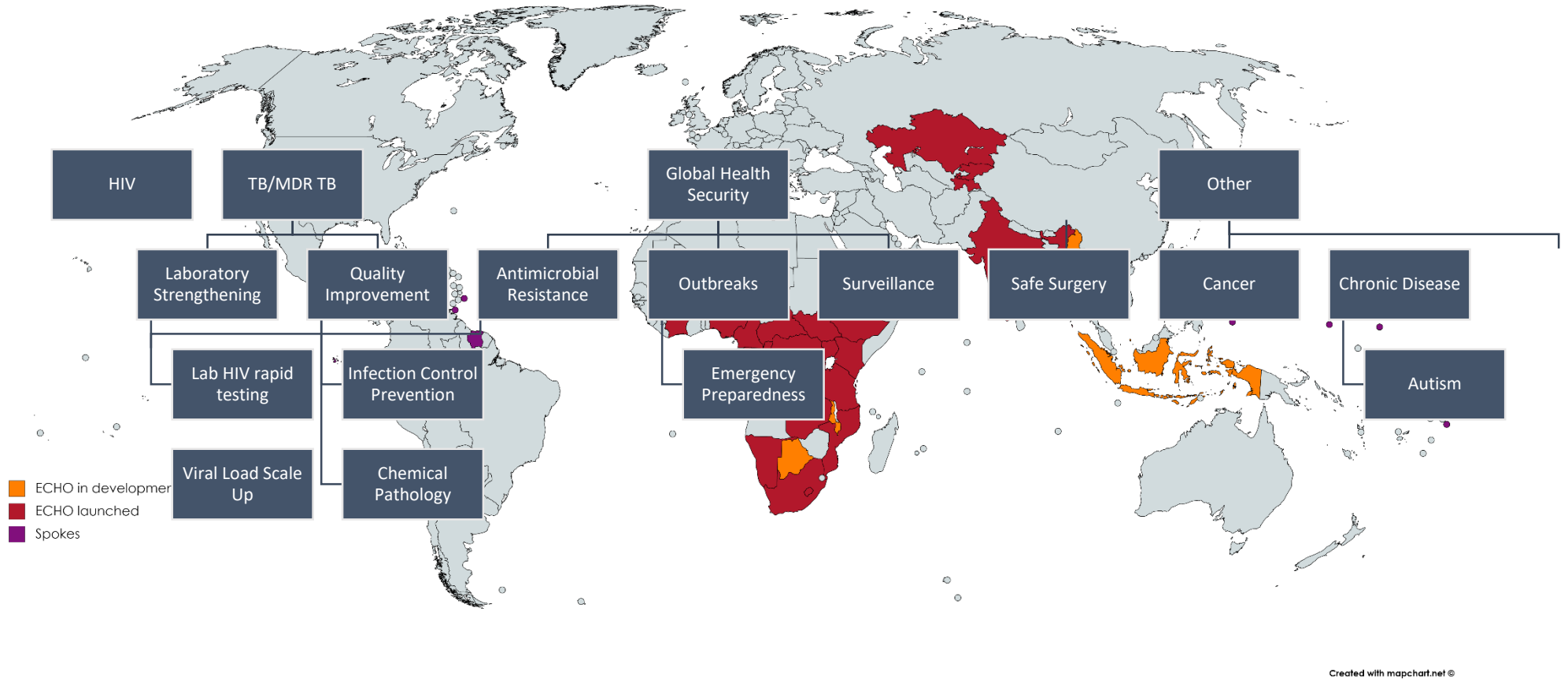
Republic of Namibia
Ministry of Health and Social Services

The Namibian Extension for Community Health care Outcomes (ECHO™)

Pilot Evaluation Report

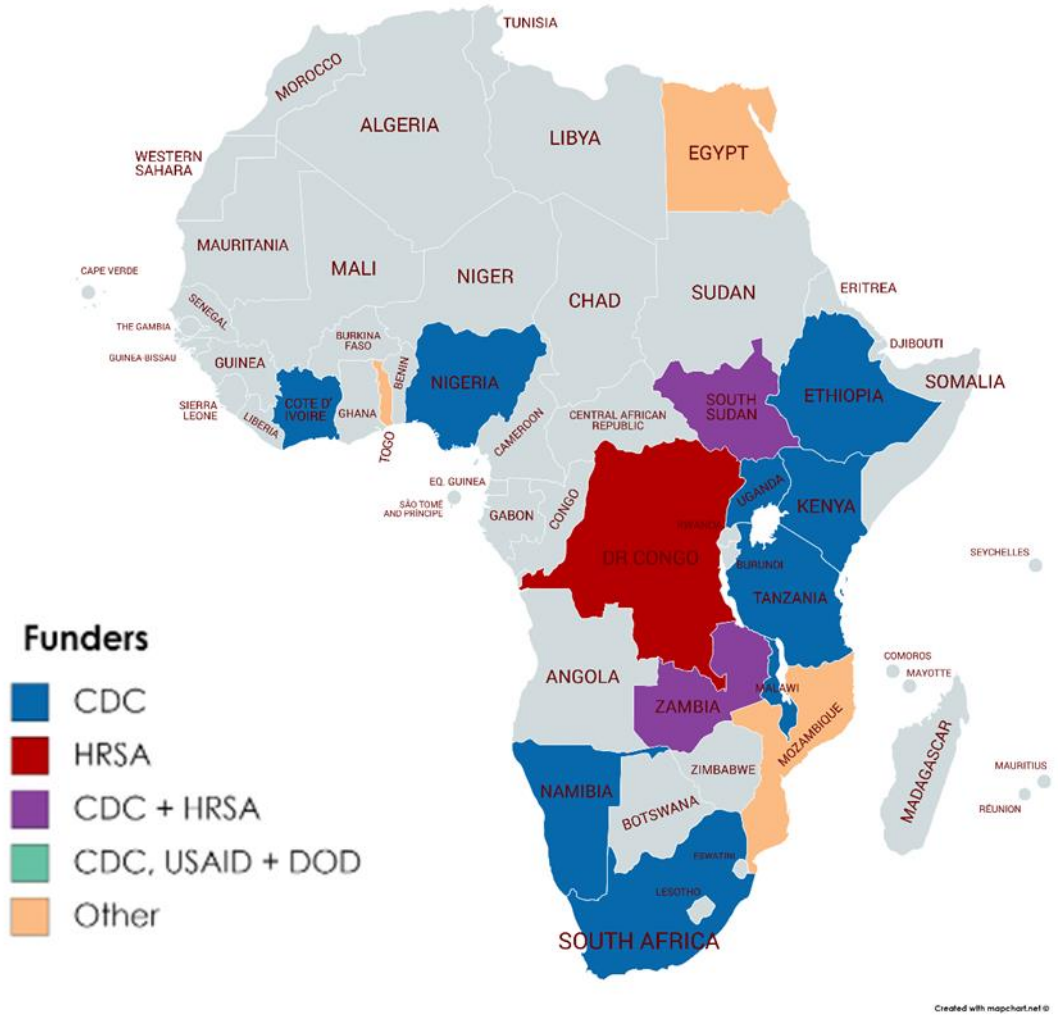
NAMIBIANS AND AMERICANS IN PARTNERSHIP TO FIGHT HIV/AIDS
PEPFAR

Expansion from HIV to many more conditions



Africa ECHO Programs and Funders

(within one country)



25+ one-country programs in 15 countries

- **Kenya (5+)**
- **Tanzania (5+)**
- **South Africa (3)**
- **Uganda (2)**
- **Nigeria (2)**
- **Zambia (2)**
- **Malawi (2)**
- **Ethiopia (2)**
- **Namibia (1)**
- **Côte d'Ivoire (1)**
- **South Sudan (1)**
- **Egypt (1)**
- **Mozambique (1)**
- **Cameroon (1)**
- **DRC (1)**

Multi-Country Programs in Africa

African Society for Laboratory Medicine

Infection Control Africa Network

With these ECHO programs across borders each connecting participants from 9 to 15 African countries at a time, there are now **over 40 countries in Africa** with participants in ECHO sessions.

Infection Control Africa Network

Infection Control Africa Network

ICAN connects nine countries in Africa to share best practices on Infection Control Prevention

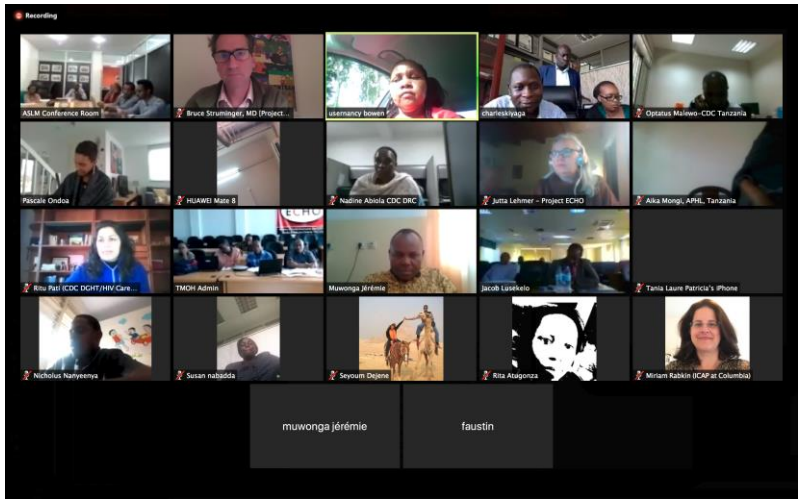
Launched after Western Cape pilot in South Africa in July 2018

Countries: DRCongo, Tanzania, Kenya, Cameroon, South Africa, Togo, Sierra Leone, Tunesia, Zimbabwe

African Society of Laboratory Medicine

LabCoP ECHO – Launched December 2017

- Monthly Lab Community of Practice connects eleven countries in Western and Southern Africa (Launch December 2017)
- Democratic Republic of Congo, Ethiopia, Sierra Leone, Kenya, Malawi, South Africa, Tanzania, Uganda, Zambia and Zimbabwe



Lab CoP

ASLM

Africa CDC ECHO – Global Health Security

African Union

AFRICA CDC
Centres for Disease Control and Prevention
Safeguarding Africa's Health

Implementation of International Health Regulations

for four of five regions

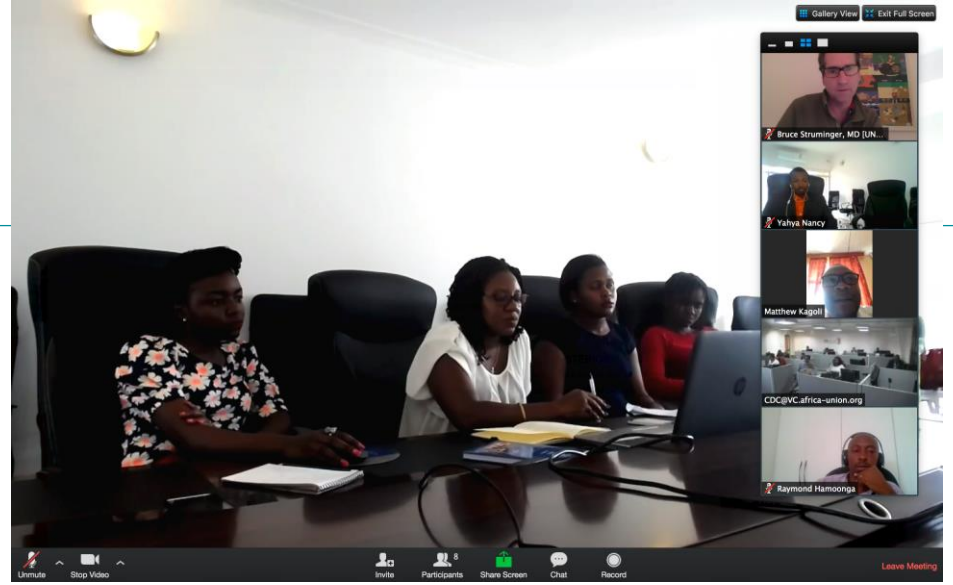
Southern

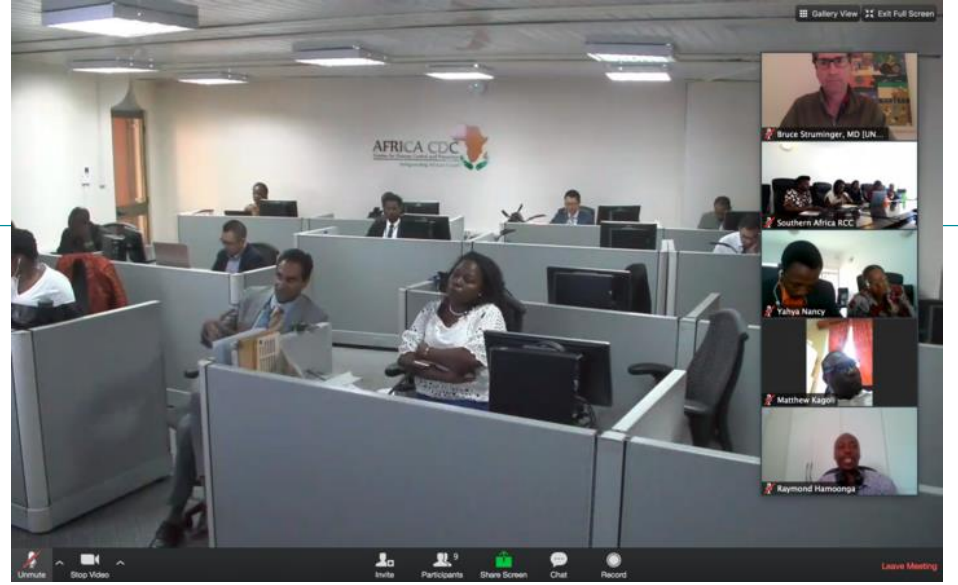
Central

Eastern

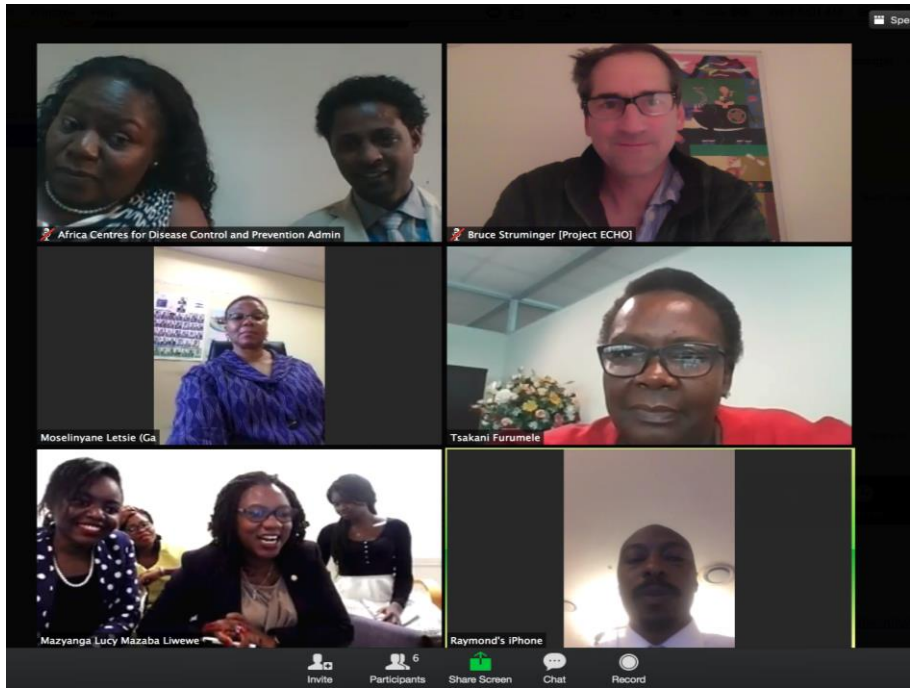
Connecting

Over 40 African countries with their Regional Collaborating Centers





Southern and Central Regional Collaborative Centers for the Africa CDC Discussing outbreak reports on Cholera, Monkeypox, outbreak surveillance in Congo, Antimicrobial Resistance in Zambia



African Union

AFRICA CDC
Centres for Disease Control and Prevention
Safeguarding Africa's Health

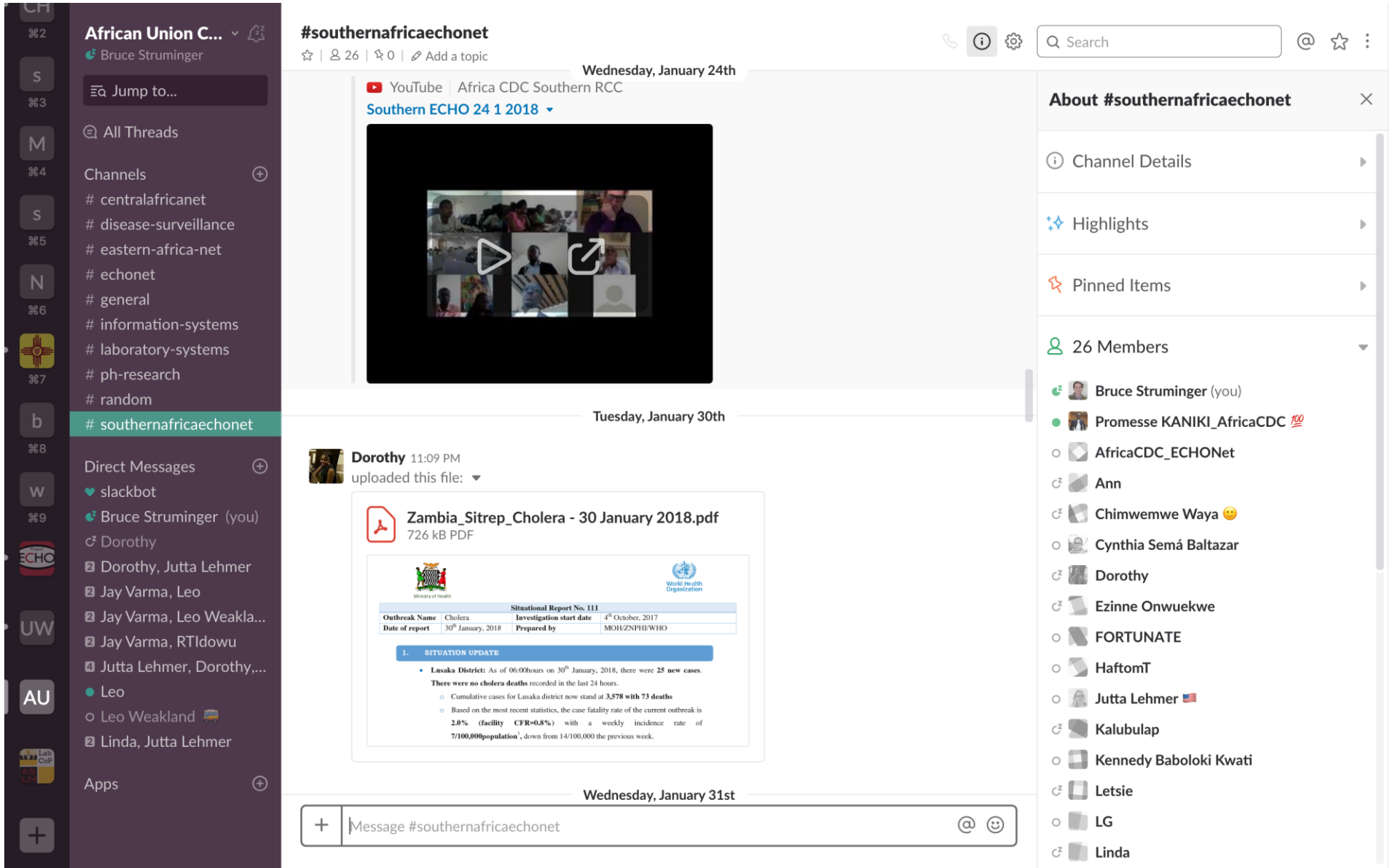
1 June 2018

Ebola Virus Disease Outbreak in the DR Congo

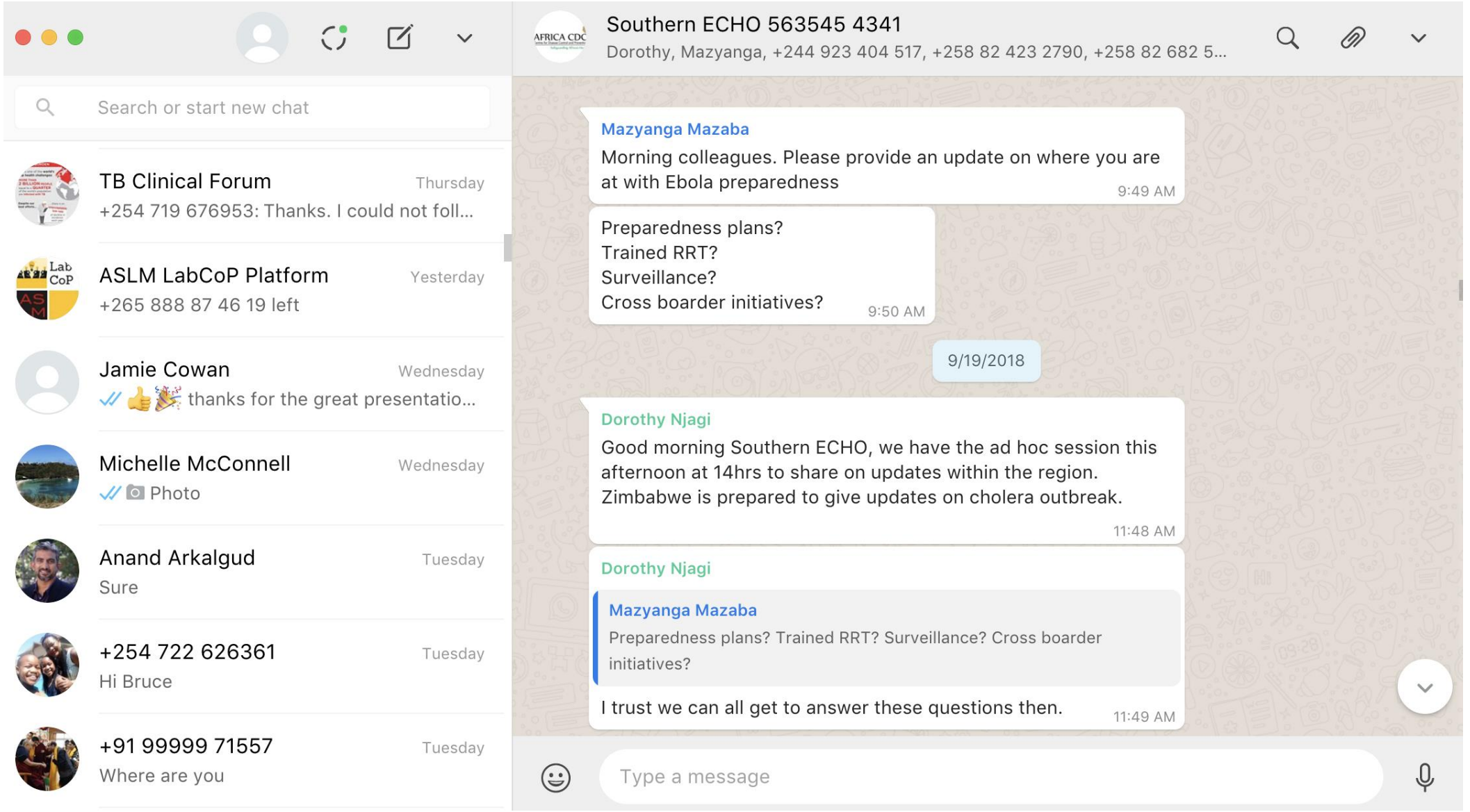
Current Situation

On 8 May 2018, the Ministry of Health of the Democratic Republic of the Congo declared an outbreak of Ebola virus disease in the Bikoro Health Zone, Equateur Province.

Slack for communication and document sharing across the Africa CDC Community and RCC sub-communities:



WhatsApp as an adjunct to the Africa CDC ECHO:



USAID FROM THE AMERICAN PEOPLE

HCEA Championing One Health

COVID-19 ONE HEALTH UPDATES

SESSION TOPIC: PERSPECTIVES ON GENDER & PSYCHOSOCIAL ASPECTS IN OUTBREAKS

MAY 7, 2020

AGENDA

WELCOME

- UC Davis: Jonna Mazet
- AFROHUN Secretariat: William Bazeyo

GLOBAL UPDATES

- UC Davis: Brian Bird

PANEL DISCUSSION

- Sabra Klein *Professor, Bloomberg School of Public Health, Johns Hopkins University*
- Brigitte Bagnol *Senior Lecturer, Dept. of Anthropology, University of the Witwatersrand*
- Florence Mirembe *Senior Lecturer, School of Women & Gender Studies, Makerere University*
- Georgette Ngweme *School of Public Health, University of Kinshasa*

PANEL MODERATOR

- UC Berkeley: Ndola Prata

CLOSING

- UC Davis: Jonna Mazet
- AFROHUN Secretariat: William Bazeyo

FACILITATOR

- ECHO: Bruce Struminger
- UC Davis: Woutrina Smith

**French translation of the session also available*

UPCOMING SESSIONS

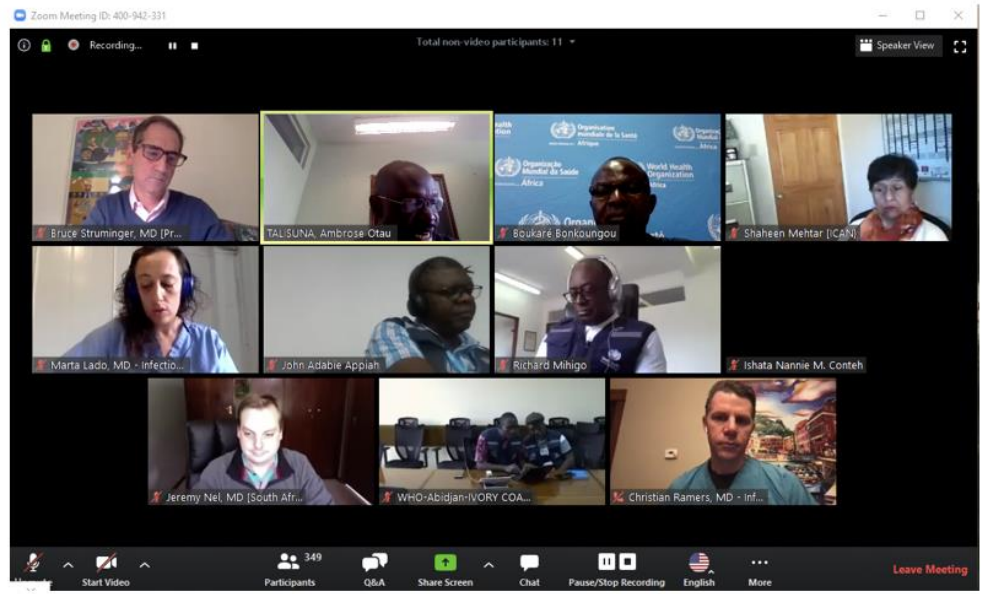
- **May 6/7**: Perspectives on gender & psychosocial factors in oubreaks
- **May 20/21**: Diagnostic testing approaches for COVID-19
- **June 3/4**: Immunity issues & interventions for COVID-19
- **June 17/18**: One Health approaches addressing COVID-19 origins and spillover

World Health Organization
REGIONAL OFFICE FOR Africa

Project ECHO | UNM SCHOOL OF MEDICINE

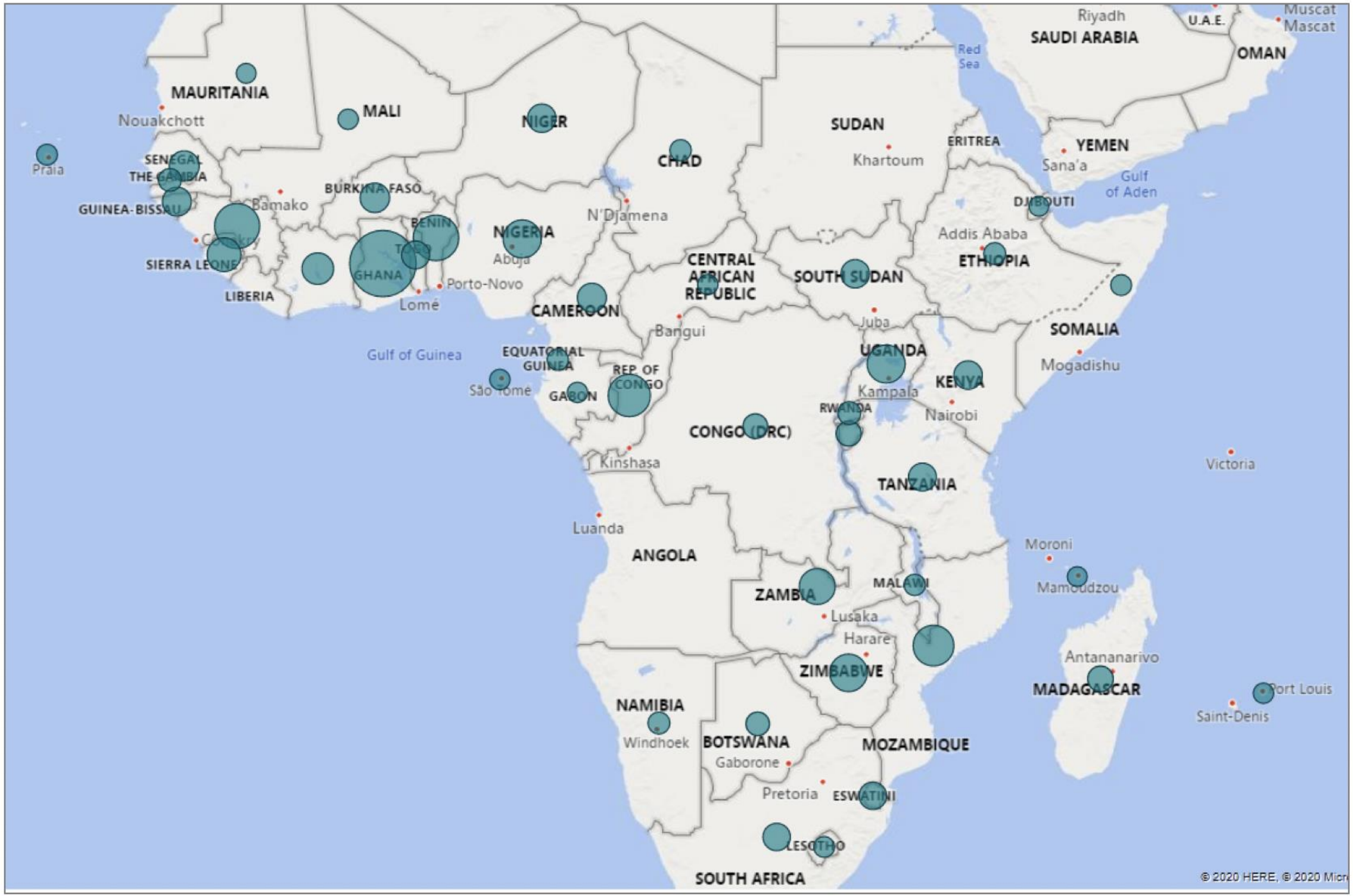
Participant Summary – WHO AFRO Virtual Training
on COVID-19 Case Management in Africa
Friday, April 10, 2020
13.00 am – 15.45 am Brazzaville, WAT
With French and Portuguese Translation

~1120 unique participants
172 unique locations (towns/cities)
58 countries



Participant Summary –
WHO/AFRO Update and Guidances to Country Teams on COVID-19
4/24/20

Total Participants: 892 **Countries:** 60


MAURITANIA
Nouakchott
MALI
NIGER
CHAD
SUDAN
Khartoum
ERITREA
YEMEN
Sana'a
SAUDI ARABIA
Riyadh
U.A.E.
OMAN
Muscat
Red Sea
Gulf of Aden
Praia
SENEGAL
THE GAMBIA
GUINEA-BISSAU
Bamako
BURKINA FASO
N'Djamena
DJIBOUTI
Addis Ababa
ETHIOPIA
BENIN
NIGERIA
Abuja
SIERRA LEONE
LIBERIA
GHANA
Porto-Novo
Lomé
CENTRAL AFRICAN REPUBLIC
SOUTH SUDAN
CAMEROON
Bangui
Juba
SOMALIA
Mogadishu
Gulf of Guinea
EQUATORIAL GUINEA
São Tomé
REP. OF CONGO
GABON
UGANDA
Kampala
KENYA
Nairobi
RWANDA
CONGO (DRC)
Kinshasa
TANZANIA
Victoria
Luanda
ANGOLA
Moroni
Mamoudzou
ZAMBIA
MALAWI
Lusaka
Harare
ZIMBABWE
Antananarivo
MADAGASCAR
Port Louis
Saint-Denis
NAMIBIA
Windhoek
BOTSWANA
Gaborone
MOZAMBIQUE
Pretoria
ESWATINI
LESOTHO
SOUTH AFRICA
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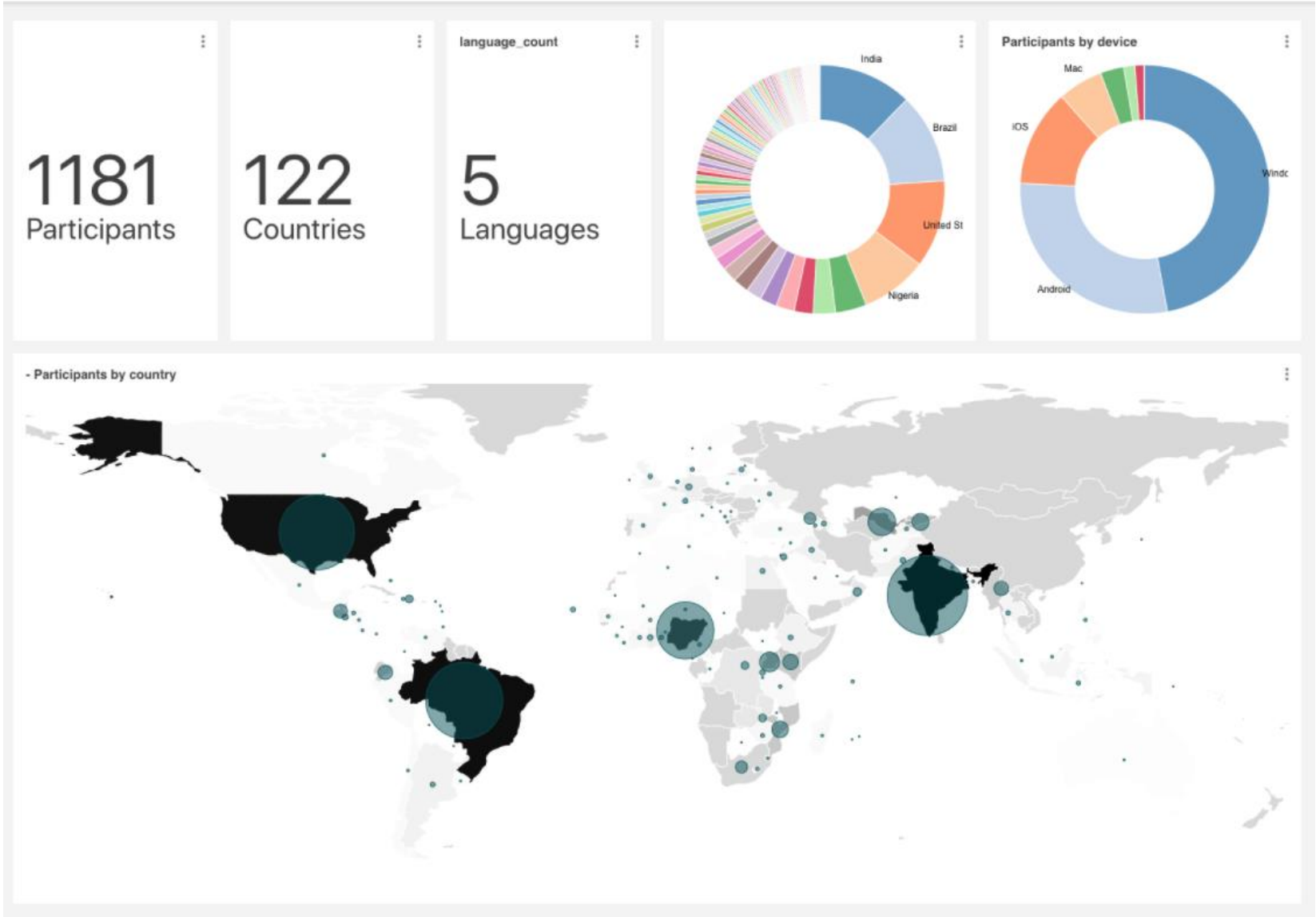
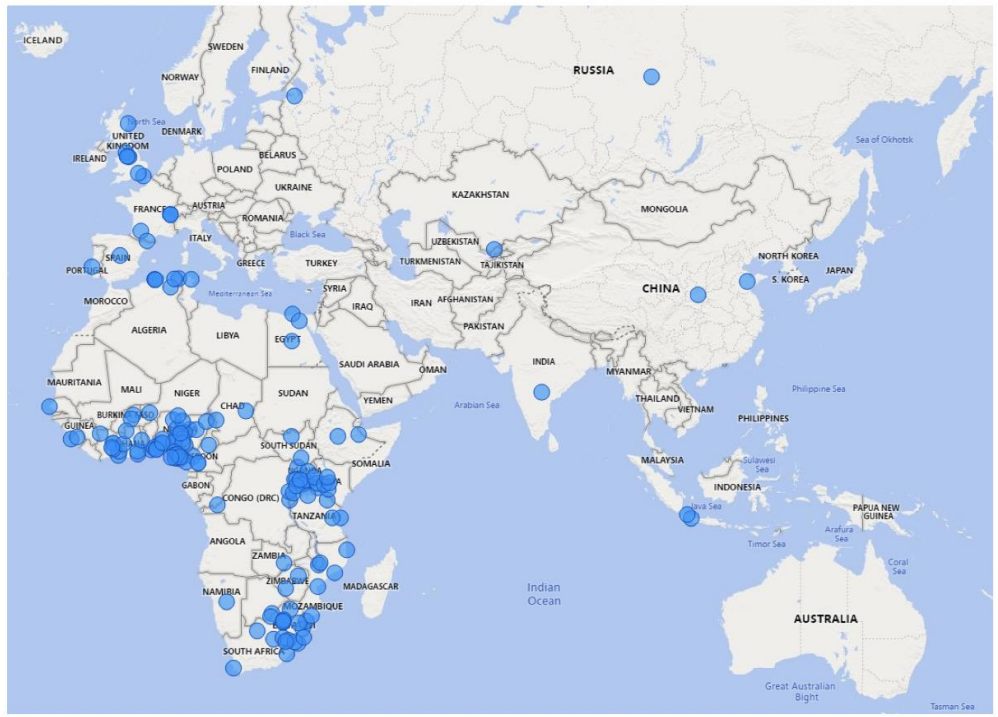
CDC/WHO Covid-19 Infection Prevention and Control Series May 14:



Hosted by the CDC Mycotic Diseases Branch

Participant Summary – Advanced HIV Disease in the context of the COVID-19 pandemic in Africa
4/22/20

Total Participants: 446 (without panelists) **Countries:** 46

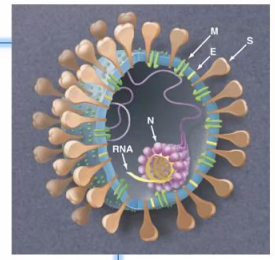


Recording
You are viewing Sam Phiri, Lighth...'s screen
View Options
Speaker View

Assure the knowledge of clinic staff at Lighthouse

- Short training curriculum for weekly ECHO zoom on COVID-19 related topics for staff (including staff from different implementing CDC partners (LH, EGPAF, Jhpeigo, others)

Project ECHO®
Lighthouse Trust Malawi



- 30/4/20 Session 1 Basic epidemiology and virology: 104 participants
- 7/5/20 Session 2 Infection prevention in COVID-19: 64 participants
- 14/5/20 Session 3 Triage, diagnosis and isolation of COVID-19: 63 participants
- 21/5/20 Session 4 Management of COVID-19 patients: 44 participants
- 28/5/20 Session 5 HIV and TB care in times of COVID-19: 64 participants
- 4/6/20 Session 6 Psychological aspects and social media in COVID-19: 63 participants

LIGHTHOUSE www.mwlighthouse.org

Unmute Stop Video 186 Participants Chat Share Screen Polling Record Q&A 1 Interpretation Leave

Moving Knowledge Instead of Patients & Healthcare Workers